

# Sabbath (Shabbat) Observance

## Introduction

Let me give you three scenarios to start off and make my point clear, from the very beginning.

Scenario 1: You are traveling down a road and as you approach an intersection you see a stop sign. You stop 20 ft before the sign and then you slowly pull forward until you see that the intersection is clear and you proceed on your way.

Scenario 2: You are traveling down a road and as you approach an intersection you see a stop sign. You stop on the white line that is there and then you slowly pull forward until you see that the intersection is clear and you proceed on your way.

Scenario 3: You are traveling down a road and as you approach an intersection you see a stop sign. You stop on the white line, that is there and you see that the intersection is clear and you proceed on your way.

Three different methods were used at the stop sign but one thing is true in regards to all the scenarios and that is you stopped and made sure that the intersection was clear before proceeding. Just because you weren't absolutely sure what was correct you still came to a complete stop.

Please understand that anytime in Scripture you see Sabbath, the Lord's Day or the Seventh Day these are all in reference to Shabbat and whenever you see Sunday it is called the first day or the eighth day but there is nowhere in Holy Scripture that Sabbath is replaced with Sunday.

## Sabbath Observance and Scripture:

- A. The observance of Sabbath (Shabbat) has been observed since the beginning, to the present and beyond . Scripture bears witness to this fact as you will see.

1. Beginning:

**Gen 2:2-3**

**And on the seventh day Elohim completed His work which He had done, and He rested on the seventh day from all His work which He had made.**

**And Elohim blessed the seventh day and set it apart, because on it He rested from all His work which Elohim in creating had made.**

2. Moses:

**Exo 31:14-17**

**‘And you shall guard the Sabbath, for it is set-apart to you. Everyone who profanes it shall certainly be put to death, for anyone who does work on it, that being shall be cut off from among his people.**

**Six days work is done, and on the seventh is a Sabbath of rest, set-apart to יהוה.**

**Everyone doing work on the Sabbath day shall certainly be put to death.**

**‘And the children of Yisra’el shall guard the Sabbath, to observe the Sabbath throughout their generations as an everlasting covenant.**

**‘Between Me and the children of Yisra’el it is a sign forever. For in six days יהוה made the heavens and the earth, and on the seventh day He rested and was refreshed.’ ”**

The Saints (Believers) are the children of Israel and are heirs to the promises of Abraham, Isaac and Jacob.

### **Heb 11:8-10**

**By belief, Abraham obeyed when he was called to go out to the place which he was about to receive as an inheritance. And he went out, not knowing where he was going.**

**By belief, he sojourned in the land of promise as a stranger, dwelling in tents with Yitshaq and Ya’aqob, the heirs with him of the same promise, for he was looking for the city having foundations, whose builder and maker is Elohim.**

### **Rom 8:15-17**

**For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, “Abba, Father.”**

**The Spirit Himself bears witness with our spirit that we are children of Elohim, and if children, also heirs – truly heirs of Elohim, and co-heirs with Messiah, if indeed we suffer with Him, in order that we also be exalted together.**

### **Gal 3:27-29**

**For as many of you as were immersed into Messiah have put on Messiah.**

**There is not Yehudite nor Greek, there is not slave nor free, there is not male and female, for you are all one in Messiah יהושע.**

**And if you are of Messiah, then you are seed of Abraham, and heirs according to promise.**

### Covenant:

**H1285**

ברית

b<sup>o</sup>rîyth

**ber-eeth'**

From H1262 (in the sense of *cutting* (like H1254)); a *compact* (because made by passing between *pieces* of flesh): - confederacy, [con-]feder[-ate], covenant, league.

Perpetual & Forever (same word in Hebrew)

H5769

עולם עולם

ôlâm 'ôlâm

*o-lawm', o-lawm'*

From H5956; properly *concealed*, that is, the *vanishing* point; generally time *out of mind* (past or future), that is, (practically) *eternity*; frequentative adverbially (especially with prepositional prefix) *always*: - always (-s), ancient (time), any more, continuance, eternal, (for, [n-]) ever (-lasting, -more, of old), lasting, long (time), (of) old (time), perpetual, at any time, (beginning of the) world (+ without end). Compare H5331, H5703.

3. Paul:

**Act 13:13-14**

And having put out from Paphos, Sha'ul and those with him came to Perge in Pamphulia. And Yoḥanan, having left them, returned to Yerushalayim.

But passing through from Perge, they came to Antioch in Pisidia, and went into the congregation on the Sabbath day and sat down.

So as we see from Scripture Sabbath (Shabbat) was at the beginning, is now in the present and will continue for all eternity.

B. Blessings and Promises of Sabbath (Shabbat) observance:

**Isa 56:1-8**

Thus said יהוה, “Guard right-ruling, and do righteousness, for near is My deliverance to come, and My righteousness to be revealed.

“Blessed is the man who does this, and the son of man who lays hold on it, guarding the Sabbath lest he profane it, and guarding his hand from doing any evil.

“And let not the son of the foreigner who has joined himself to יהוה speak, saying, ‘יהוה has certainly separated me from His people,’ nor let the eunuch say, ‘Look I am a dry tree.’”

For thus said יהוה, “To the eunuchs who guard My Sabbaths, and have chosen what pleases Me, and hold fast to My covenant:

to them I shall give in My house and within My walls a place and a name better than that of sons and daughters – I give them an everlasting name that is not cut off.

**“Also the sons of the foreigner who join themselves to יהוה, to serve Him, and to love the Name of יהוה, to be His servants, all who guard the Sabbath, and not profane it, and hold fast to My covenant –**

**them I shall bring to My set-apart mountain, and let them rejoice in My house of prayer. Their burnt offerings and their slaughterings are accepted on My altar, for My house is called a house of prayer for all the peoples.”**

**The Master יהוה, who gathers the outcasts of Yisra’el, declares, “I gather still *others* to him besides those who are gathered to him.”**

#### **Isa 58:13-14**

**“If you do turn back your foot from the Sabbath, from doing your pleasure on My set-apart *day*, and shall call the Sabbath ‘a delight,’ the set-apart day of יהוה ‘esteemed,’ and shall esteem it, not doing your own ways, nor finding your own pleasure, nor speaking your own words, then you shall delight yourself in יהוה. And I shall cause you to ride on the heights of the earth, and feed you with the inheritance of Ya‘aqob your father. For the mouth of יהוה has spoken!”**

#### **Isa 66:23-24**

**“And it shall be that from New Moon to New Moon, and from Sabbath to Sabbath, all flesh shall come to worship before Me,” declares יהוה.**

**“And they shall go forth and look upon the corpses of the men who have transgressed against Me. For their worm shall not die, and their fire not be quenched. And they shall be repulsive to all flesh!”**

#### **Heb 4:5-11**

**and in this again, “If they shall enter into My rest...”**

**Since then it remains for some to enter into it, and those who formerly received the Good News did not enter in because of disobedience,**

**He again defines a certain day, “Today,” saying through Dawid so much later, as it has been said, “Today, if you hear His voice, do not harden your hearts.”**

**For if Yehoshua had given them rest, He would not have spoken of another day after that.**

**So there remains a Sabbath-keeping for the people of Elohim.**

**For the one, having entered into His rest, has himself also rested from his works, as Elohim *rested* from His own.**

**Let us therefore do our utmost to enter into that rest, lest anyone fall after the same example of disobedience.**

- C. Sabbath (Shabbat), Seventh Day or the Day of Elohim is mentioned in both the Torah, Tanakh and the Brit Chadasha and at no time was it in regards to Sunday or the first day of the week.

We can plainly see that Yahshuah/Yahusha, the Apostles and the early Saints (Believers) worshipped and observed Sabbath (Shabbat) and continued with this practice long after the Temple in Jerusalem was destroyed and sacrifice was done away with.

**Mar 1:21**

**And they went into Kephah Nahum, and immediately on the Sabbath He went into the congregation and taught.**

**Mar 6:2**

**And Sabbath having come, He began to teach in the congregation. And many who heard *Him* were astonished, saying, “Where did He get all this? And what wisdom is this which is given to Him, that such miracles are done through His hands?**

**Luk 4:16**

**And He came to Natsareth, where He had been brought up. And according to His practice, He went into the congregation on the Sabbath day, and stood up to read.**

**Luk 4:31**

**And He came down to Kephah Nahum, a city of Galil, and was teaching them on the Sabbaths.**

**Act 13:42-44**

**And when the Yehudim went out of the congregation, the gentiles begged to have these words spoken to them the next Sabbath.**

**And when *the meeting of* the congregation had broken up, many of the Yehudim and of the worshipping converts followed Sha’ul and Barnabah, who, speaking to them, were urging them to continue in the favour of Elohim.**

**And on the next Sabbath almost all the city came together to hear the Word of Elohim.**

**Act 17:2**

**And according to his practice, Sha’ul went in unto them, and for three Sabbaths was reasoning with them from the Scriptures,**

**Act 18:4-5**

**And he was reasoning in the congregation every Sabbath, and won over both Yehudim and Greeks.**

**And when Sila and Timothy came down from Makedonia, Sha’ul was pressed by the Spirit, and earnestly witnessed to the Yehudim that יהושע is the Messiah.**

There are 55 verses in the Brit Chadasha that refer to Sabbath.

D. Who decides which day is correct?

1) Yahweh/Yahuah

**Exo 20:8-11**

**“Remember the Sabbath day, to set it apart.**

**“Six days you labour, and shall do all your work,**

**but the seventh day is a Sabbath of יהוה your Elohim. You do not do any work – you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your cattle, nor your stranger who is within your gates.**

**“For in six days יהוה made the heavens and the earth, the sea, and all that is in them, and rested the seventh day. Therefore יהוה blessed the Sabbath day and set it apart..**

2) Is Yahweh/Yahuah a liar?

“NO”

**Tit 1:2**

**in expectation of everlasting life which Elohim, who does not lie, promised before times of old,**

**Heb 6:13-19**

**For Elohim, having promised Abraham, since He could swear by no one greater, swore by Himself,**

**saying, “Truly, blessing I shall bless you, and increasing I shall increase you.”**

**And so, after being patient, he obtained the promise.**

**For men do indeed swear by the one greater, and an oath for confirmation is for them an end of all dispute.**

**In this way Elohim, resolving to show even more clearly to the heirs of promise the unchangeableness of His purpose, confirmed it by an oath,**

**so that by two unchangeable matters in which it is impossible for Elohim to lie, we might have strong encouragement, we who have fled for refuge to lay hold of the expectation set before us,**

**which we have as an anchor of the life, both safe and firm, and entering into that within the veil,**

3) Is Yahweh/Yahuah double minded ?

“NO”

**Mal 3:6**

**“For I am יהוה, I shall not change<sup>1</sup>, and you, O sons of Ya’aqob, shall not come to an end.**

4) Does Yahweh/Yahuah always remain the same?

“YES”

**Heb 13:8**

יהושע **Messiah is the same yesterday, and today, and forever.**

Yahshua/Yahusha stated that He and His Father were one and the Father called His Son God in the first chapter of Hebrews. So as he said “if ye have seen Me you have seen the Father”.

5) Are we still to keep His Commandments?

“YES”

**1Jn 2:3-5**

**And by this we know that we know Him, if we guard His commands.**

**The one who says, “I know Him,” and does not guard His commands, is a liar, and the truth is not in him.**

**But whoever guards His Word, truly the love of Elohim has been perfected<sup>1</sup> in him.**

**By this we know that we are in Him.**

Conclusion: If Father has changed Sabbath (Shabbat) from the seventh day to Sunday the first day, then He would be double minded, a liar, who changes and is not immutable. If this is the case then we are all in great peril and trouble, because He is not steadfast and sure.

Our foundation is but sinking sand and we have no hope.

Also the reason no one today is put to death for violating Sabbath (Shabbat) is because we are not in the camp of Moses or in the Land (Israel). If these two conditions still existed it is possible that we could still be stoned.